

Antioxidant and Antityrosinase Properties of *Rhodomyrtus tomentosa* Extract

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Abstract: In traditional Thai medical practice, *Rhodomyrtus tomentosa* (*R. tomentosa*) has been used broadly in skincare products. The potency to brighten skin, defy aging and beautify skin may be attributed to its antioxidant and anti-tyrosinase activity. Hence, this study evaluates the antioxidant and anti-tyrosinase activity of *R. tomentosa* leaf, stem, and fruit extracts. Methanolic extract of *R. tomentosa* flower exhibited the highest radical scavenging activity (IC₅₀ 95 µg/mL), total phenolic content (100.467 mg GAE/g), and tyrosinase inhibitory activity (IC₅₀ 0.1 µg/mL). The findings suggest that extract has proven its potential as an anti-hyperpigmentation agent due to the phenolic compound (piceatannol) in such species that can be advantageous to cosmeceutical applications.

Keywords: *Rhodomyrtus tomentosa*, Antioxidant, TPC, Antityrosinase

INTRODUCTION

According to Hamid *et al.*, [1], *R. tomentosa* was recognized by the scientific project "Agrofolio" as one of 240 "Neglected and Underutilized Crop Species" in Vietnam, China, Thailand, and Cambodia. *R. tomentosa* is a member of the Myrtaceae family. It is an evergreen shrub native to Southeast Asia, where it blooms profusely and produces dark-purple edible bell-shaped fruits with rose-pink flowers [2]. As pests and diseases rarely infest it, this plant is considered of low maintenance [3].

Parts of the plant, such as stem, leaves, and fruits, have been advantageous as medical alternatives [4]. Historically, *R. tomentosa* has been acknowledged for being beneficial as traditional Thai, Vietnamese, Chinese and Malaysian medicine, especially in treating colic diarrhea, wounds, heartburn, abscesses, gynecopathy, and boosting the immune system [1,5]. Moreover, Limsuwan *et al.*, [6] suggested that ethanolic extract of *R. tomentosa* demonstrates exceptional antibacterial activity whilst the main phenolic compound contained in *R. tomentosa* fruits was piceatannol, a promising health-promoting stilbene ingredient. Nojima *et al.*, [7] and Hiranrat [8] reported that piceatannol is recognized for its use as free radical scavenger, tyrosinase inhibitors, and skin brightening agent. However, information concerning the tyrosinase inhibitory activity of *R. tomentosa* is still lacking.

Therefore, in line with recent research trends which focuses on sustainable and renewable materials,

the present study is specially designed to leverage the potential of *Rhodomyrtus tomentosa* (*R. tomentosa*) extract as tyrosinase inhibitor by evaluating their properties and characteristics.

MATERIALS AND METHODS

R. tomentosa leave, fruit, and flower were collected from nearby Marang, Terengganu. The following characteristics can identify this species; the seedlings are partially hairy and pubescent; the leaves are oval, round, or obtuse at the apex, hairy on the lower surface, 7 cm long, 4 cm wide, 0.5 cm long of petiole, and petals are pink or purplish-red. The fruits are berries, green when they are young, and dark purple when they are ripe, fleshy, sweet, and fragrant. This species has many (40-45) tiny triangular seeds embedded in edible flesh, and fruit-eating birds and mammals spread the seeds. All chemical reagents used were of analytical grades.

Preparation of *Rhodomyrtus tomentosa* Extract

Preparation of *R. tomentosa* extracts was conducted according to method adopted from Narayanaswamy *et al.*, [9]. Various parts (leave, fruit and flower) of *R. tomentosa* were thoroughly washed with distilled water and dried under shade. The dried materials were ground separately into powder and used for further experimentation. Then, adapting from Hiranrat and Mahabusarakam, [10], with hexane and methanol, the powder was percolated at room temperature for a day.

At temperature below 60°C, both plant samples were sonicated for 30 minutes. This process was repeated thrice. Both hexane and methanol extract was then filtered and evaporated at 60°C by using a vacuum rotary evaporator. To produce chloroform and ethyl acetate extracts, the concentrated methanol extract was suspended in water, partitioned with chloroform and ethyl acetate, and evaporated in a vacuum.

Antioxidant Assays

The antioxidant activity of plant material was evaluated by employing the following methods. DPPH radical scavenging assay [11]. DPPH (2, 2-diphenyl picryl hydrazyl) is a commercially available, commonly used, stable free radical that can accept hydrogen from antioxidant, converted into di-phenyl hydrazine, which is yellow in colour. Scavenging potential of plant extracts was measured at 520 nm, indicated by the degree of discoloration of purple to yellow. 5 Hl of plant extract was added to 195 Hl of DPPH solution (0.1 mM DPPH in methanol) in a microtitre plate. The reaction mixture was incubated at 25°C for 10 minutes prior to absorbance measurement at 520 nm. The DPPH with corresponding solvents (without plant material) serves as a control, whereas the methanol with respective plant extracts is blank. The DPPH radical scavenging activity of the plant extract was calculated using the following equation.

$$\text{Inhibition of DPPH radical (\%)} = \frac{A_0 - A_1}{A_0} \times 100$$

Where, A_0 was the absorbance of control reaction and A_1 was the absorbance in the presence of test or standard sample.

Determination of Total Phenolic Content

The Folin–Ciocalteu method was used to assess the total phenolic content of the extract [12]. To summarise, 200 μ L of crude extract (1 mg/mL) were made up to 3 mL with distilled water, then thoroughly mixed with 0.5 mL Folin–Ciocalteu reagent for 3 minutes, followed by the addition of 2 mL of 20% (w/v) sodium carbonate. The mixture was left to sit for another 60 minutes in the dark before being checked for absorbance at 650 nm. The calibration curve was used to measure the total phenolic content, expressed as mg of gallic acid equivalent per g dry weight.

Tyrosinase Inhibitory Activity

The inhibitory effect of *R. tomentosa* on tyrosinase activity was calculated spectrophotometrically with the

degree of inhibition of mushroom tyrosinase-catalyzed oxidation of l-DOPA, as described by Senol et al., [13]. Samples were mixed with 40 μ L L-DOPA and 80 μ L potassium phosphate buffer (pH 6.8). Finally, 40 μ L of tyrosinase (200 U/mL) was added to the wells. L-DOPA and tyrosinase were solved in buffer. The inhibition of tyrosinase was determined at 475 nm. Kojic acid was the reference inhibitor substance. The tyrosinase inhibitory activity was calculated using the following formula.

$$\text{Inhibition of tyrosinase activity (\%)} = \frac{A_{\text{control}} - A_{\text{sample}}}{A_{\text{control}}} \times 100$$

Where A_{control} was the absorbance of control reaction and A_{sample} was the absorbance in presence of test or standard sample.

Statistical Analysis

MINITAB Release 14, statistical software for Windows, version 14.12.0, was used to analyse the data (Minitab Inc., USA). The findings are expressed as the average of three replicates plus standard deviation. ANOVA was used to calculate mean differences.

RESULTS AND DISCUSSION

Antioxidant Activity

As depicted in Table 1, the ability of different *R. tomentosa* extract to scavenge free radical may be visualized as the following order; (i) methanol>chloroform>ethyl acetate>hexane and (ii) flower>fruit>leave. Methanol extract of *R. tomentosa* flower had the lowest value of IC_{50} and therefore, such extract can be considered as the best antioxidant. Due to the capability of solvent to extract different types of compounds, different solvent extraction resulted in different antioxidant activity. According to Abd Hamid *et al.*, [1] and Siddhuraju and Becker, [14], the ability to give away hydrogen atoms and react with free radicals can be affected by the concentration of compounds present in the extracts. Hypothetically, the higher the polyphenol present in the extract, the higher antioxidant activity. In this study, the findings are agreeable with studies by Abd Hamid *et al.*, [1] and Maskam *et al.*, [15] where high antioxidant activity in DPPH assay were observed in methanol extract. Antioxidant activities may be also attributed by the characteristic of phenolic compounds. The fact that phenolic compounds have a lot of phenolic hydroxyl groups could explain their ability to scavenge free radicals. Phenols donate hydrogen to radicals and produce phenoxide radical.

Likewise, Bazzaz *et al.*, [16] also suggested that antioxidant capacity is depending on composition of

phenolic contents in the extracts. Hence, in this study, a positive correlation between antioxidant activity and total phenolic content can be developed as the highest antioxidant activity was observed in methanol extract of *R. tomentosa* flower, which also exhibited highest total phenolic content. Based on Table 1, the order of total phenolic content for the different extracts also can be established as methanol > chloroform > ethyl acetate > hexane. Moreover, these results also suggested that parts of the plant were responsible for different total phenolic content, where the flower had higher phenolic compound than fruit and leaf.

Antityrosinase Activity

Table 1 shows that the methanol extracts of *R. tomentosa* were also better than other extracts in inhibiting tyrosinase activity. All methanol extracts presented IC₅₀ values between 0.1 and 0.8 mg/mL. In this study, methanol extract of *R. tomentosa* flower had the lowest IC₅₀ value and was recognized as the best tyrosinase inhibitor, followed by methanol extract of the *R. tomentosa* fruit. Presumably, methanol extract of *R. tomentosa* had substantial amount of piceatannol. Piceatannol is a major phenolic compound found in *R.*

Table 1: Antioxidant Activity, Total Phenolic Content and Antityrosinase Activity of *Rhodomyrtus tomentosa*

Extract	Part of plant	DPPH IC ₅₀ (µg/mL)	TPC (mg GAE/g)	Antityrosinase IC ₅₀ (mg/mL)
Methanol	Leaf	255	65.432±0.04	0.8±0.23
	Fruit	107	88.354±0.10	0.5±0.12
	Flower	95	100.467±0.01	0.1±0.13
Chloroform	Leaf	411	38.534±0.32	1.2±0.09
	Fruit	230	55.565±0.12	1.0±0.13
	Flower	189	72.232±0.12	0.8±0.14
Ethyl Acetate	Leaf	723	28.785±0.09	1.2±0.11
	Fruit	669	38.756±0.17	1.1±0.21
	Flower	510	46.564±0.11	1.0±0.14
Hexane	Leaf	943	23.483±0.01	1.5±0.09
	Fruit	802	29.657±0.04	1.4±0.13
	Flower	687	32.867±0.10	1.1±0.17

IC₅₀ value is defined as the effective concentration of extract at which 50% of the tyrosinase enzyme are inactivated.

Total Phenolic Content

This study shows that methanol was the best solvent to extract phenolic compounds from *R. tomentosa*. The solubility of phenolic and flavonoid compounds depends verily on the conjugation of the aromatic rings, glycosidic form and side chain such as hydroxyl. The hydroxyl group attached to one molecule determines its polarity and solubility in alcohols or aqueous where polar molecules are soluble in polar solvents and the other way round. Visht and Chaturvedi [17] indicated that the ability of polar solvent become soluble can be attributed to the hydrogen bond formation which is a property of dipole interaction forces. In this study, the results pointed out that the phenolic compound from *R. tomentosa* was polar, resulting in its highest TPC in methanol extract. In tandem with the studies by Abd Hamid *et al.*, [1], Addai *et al.*, [18] and Ghasemzadeh *et al.*, [19], methanol was the most excellent solvent in extracting phenolic compounds from plants.

tomentosa [3,6], and has been proven to be very excellent against mushroom tyrosinase [20].

CONCLUSION

This research indicates that plants may be a valuable source for new chemotherapeutic and antioxidant agents. Extensive research, either in vitro or in vivo, should be conducted to decide whether it is safe to be used in any applications such as cosmeceutical. The current results will help to provide a basis for further research on *R. tomentosa* and the potential identification of new biologically active compounds with therapeutic and anti-pigmentation properties.

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